




**2010 SKATE ALOHA
ANNOUNCEMENT
15TH Annual Ice Skating Competition
March 10 - 14, 2010**

THE ICE PALACE
4510 Salt Lake Boulevard
Honolulu, HI 96818

ENTRY DEADLINE: POSTMARKED BY JANUARY 31, 2010

<p>Sanctioned by:</p>  <p>USFIGURE SKATING usfigureskating.org</p>	<p>Sanctioned by:</p> <p>SKATE CANADA</p>
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Chairperson
Lisa Kayser
email: frobabysumu@hawaii.rr.com

Co-Chairperson & Registrar
Erin Stevens
email: estevenshawaii@gmail.com

Visit Hawaii Figure Skating Club on the web at: www.hawaiiifsc.org

1. GENERAL INFORMATION

The fifteenth annual Skate Aloha competition will be held Wednesday, March 10 through Sunday, March 14, 2010 at the Ice Palace skating arena, 4510 Salt Lake Blvd., Honolulu, Hawaii. The competition will be conducted in accordance with the rules of U. S. Figure Skating as set forth in The 2009/2010 Official U. S. Figure Skating Rulebook, except as otherwise noted in this announcement. All official bulletins and notices will be posted on the official bulletin board at the Ice Palace skating arena, and shall be considered sufficient notice to all competitors, parents, professionals, and officials. Decisions by the referee on all matters will be final. The referee, along with the chairpersons, shall have the right to exclude any person whose behavior is unruly and/or is considered to be of an unsportsmanlike nature.

Admission: There will be no admission charge to enter the arena.

Arena: Ice surface measures 85' x 185' with slightly rounded corners. There are bleachers on one side which seat approximately 500. The temperature inside the rink runs approximately 50 degrees F. It is especially cold for early morning practice sessions and competition.

Schedule: The competition schedule will easily fit into vacation plans. Official practice ice is available on Wednesday, March 10, early morning or late afternoon with our welcoming Competitors Aloha Dinner early evening. Competition on Wednesday, Thursday and Friday, March 11 and 12, 2010, will occur during the afternoon hours into evening; on Saturday and Sunday, events will be held during the morning hours, starting as early as 5 AM, depending on the number of events

Eligibility/Test Qualifications/Age: The competition will consist of Free Skating, Compulsory Moves, Artistic, Showcase, Spin and Interpretive events. These events are open to all eligible persons who are registered with U.S. Figure Skating or Skate Canada, or who have a letter of permission from their Skating Federation. Skaters in the non-test events (Menehune, Keiki, and Anuenue) need not be members of U. S. Figure Skating or Skate Canada however they must be members of the Ice Skating Institute if they are not members of U. S. Figure Skating or Skate Canada. (See your rink office personnel for ISI membership application.)

Test qualifications are in effect as of January 31, 2010, and shall determine the eligibility for all events. Any skater, after entering the competition, who subsequently passes a Free Skating test which makes the competitor ineligible to compete at the level entered, will forfeit their ability to compete and no refund of entry fees or practice ice fees will be made. Skaters may skate up one test level in all events. Skaters may compete at one level higher than their test level as of January 31, 2010. If a skater chooses to skate up one level, all entered events must be skated at the higher level. From Juvenile through Junior, a skater may choose to skate their Short Program ONLY at one level higher than the rest of the events entered.

The skater's age as of the closing date of January 31, 2010 shall govern in all matters dealing with age.

Determination of an Event:

Two entries constitute an event. In the event of a single entry, the event will be evaluated by the registrar, chief referee and skater to determine option of event. The options for the event can be

1. the skater will compete against the rule book
2. the event can be turned into an exhibition
3. the event can be turned into a critique
4. the event can be cancelled and the fees refunded

All options will be determined and if allowed to do an exhibition the fees will not be refunded. Events with 12 or more entries may be divided into groups by age or draw. Menehune, Keiki and Anuenue events will not exceed 8 skaters per group. The Chief Referee has authority to divide events into groups on any basis and all decisions of the Referee shall be final. Siblings will be separated where possible. The Chief Referee may combine genders and ages in all events where permitted under US Figure Skating rules.

Conduct of Events/Judging: The 6.0 system of judging will be used for all events.

Officials: Judges are selected from the official list provided by U.S. Figure Skating.

Chief Referee: Glen Chong
Chief Accountant: Arlene Sibrell
Asst. Chief Accountant: Robert Owen

Contact Information: For any questions or additional information on the competition, please contact either of the following:

Registrar/Co-Chairperson: Erin Stevens – estevenshawaii@gmail.com (808-371-5858)
Chairperson: Lisa Kayser – frobabysumu@hawaii.rr.com (808-479-7075)

Emails are preferred!

Internet Communications: Important information concerning Skate Aloha 2010 will be published on the Hawaii FSC website. Please check it out regularly: URL: <http://www.hawaiiifsc.org> . Competitors will be apprised via email of important information, including notification when the tentative schedule of events and tentative practice ice schedules have been posted on the HawaiiFSC website. Your email address must be included on the entry form. Please ensure that it is spelled correctly and clearly.

2. ENTRIES

Method: Entry forms must be filled out completely and signed by the competitor, a parent if the competitor is under the age of 18, the coach, and a Club Official. We recommend that you keep copies of all your paperwork you send (including payment). If incomplete entries are received, you will receive an email notification to obtain the needed information.

Entry Fees: All entries must be accompanied by the appropriate fees in U.S. funds. For international entries this means that the face amount on your check or money order MUST be in U.S. dollars. In order to avoid the many extra fees from your financial institutions, it is better to get an international money order in U.S. dollars, which would lock the exchange rate for the day or purchase. When checks are written in U.S. dollars, the exchange rate is based on the date the check clears your account, not the date the check is written.

Event	1 st Event Entry Fee	Additional Event Entry Fee
Menehunes, Keiki & Anuenue	\$45.00	\$25.00 each
Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Open Juvenile, Intermediate, Novice, Junior, Senior, Young Adult Pre-Bronze, Adult Pre-Bronze, Young Adult Bronze, Adult Bronze, Young Adult Silver, Adult Silver, Young Adult Gold & Adult Gold	\$70.00	\$25.00 each

Late Entries/Deadlines: Entries must be received by the registrar no later than midnight January 31, 2010. Entries or changes to entries after this date will be accepted at the discretion of the Referee and the Competition committee and only if accompanied by a \$25.00 late fee.

Payment: Payment can be made by check or money order payable to HFSC – Skate Aloha.

There will be a \$25.00 charge for any returned checks.

Refund of Entry Fees: Entry fees are refundable only if the competitive event is not held, or within two weeks of the competition if a death occurs in the immediate family of a competitor. A \$25.00 service charge will be assessed for withdrawals after close of entries.

Medical Releases: All minor age competitors must have on file a valid medical release authorization form in case of illness or accident. The Medical Release form is to be sent in with your competition entry.

3. COACHES REGISTRATION / CREDENTIALS

In accordance with current rules, all coaches participating in this event must be registered with U.S. Figure Skating. For more information on the registration process, please visit www.usfigureskating.org . We will provide all registered coaches with a credential. Every coach in attendance will be required to check in at the registration table and must show a picture I.D. to receive their credential. We strongly recommend that you also bring any registration confirmation materials. Coaches must wear their badge at all times when coaching skaters at rinkside of a sanctioned competition. Monitors will be instructed to ensure that anyone standing rinkside has their credentials. Skate Canada Coaches need to provide their Skate Canada membership.

4. REGISTRATION / BULLETINS AND NOTICES

Registration: A registration desk will be established in the lobby of the Ice Palace arena on the dates of the competition. All competitors are required to register, turn in music and be ready to skate at least 45 minutes prior to the scheduled event. Events will not be delayed for skaters who arrive late.

Bulletins and Notices: An official Bulletin Board or wall space will be designated and maintained at the Ice Palace. It will contain official information only. Notices posted here are considered sufficient notice to all entrants. Check frequently for any change in the schedule or other notices. At the discretion of the Chief Referee, events may begin up to 30 min early.

5. MUSIC

For events requiring music, music will be by CD (no CDRWs) only, with one program per CD. The CD must be clearly marked with the skater's first and last name, coaches' name and the event. Music is to be turned in at the registration desk at check-in time for the event. A second CD should be readily available at the actual time of competition as a backup copy available with your coach. The CD turned in should be free from scratches and smudges for the best result. The competition committee will take all reasonable precautions to safeguard your CD; however, the committee will not accept responsibility for accidental damage. CDs may be picked up at the registration desk after the event. Hawaii Figure Skating Club is not responsible for music that is not picked up.

6. PRACTICE ICE

Practice Ice will be available on March 10 and on each day of the competition. Skaters competing on a given day will be given priority if they prepay as indicated on the Practice Ice Request Form. You may also check the web site <http://www.hawaiifsc.org> . Email notifications will be sent to your email address that has been provided on your entry form.

Program music will be played on Wednesday, Thursday and Friday practice ice. Music will begin after a five-minute warm-up. Because of time constraints, program music will not be played during practice ice on the Saturday and Sunday of competition. Practice ice positions will be held for five minutes, after which they will be released to standby skaters.

Practice Ice Fees	Amount
Pre Paid Sessions –on or before 1/31/2010	\$10.00
Sessions 2/01/2010 and Walk ON's	\$12.00

No refunds for no shows.

Practice Ice Contact: Desi Duarte: sk8dad@hawaii.rr.com

7. AWARDS

Trophies/Medals will be awarded for all competitors. Awards will be given to each group; there will be no final rounds. Please accept your award promptly after the results are posted so that all award winners may pose for the group photograph.

8. PICTURES / VIDEO

Pictures: A photographer will be available for group and individual pictures.

Video: Video taping services will be available.

9. PROGRAM BOOK

All competitors are asked to submit two (2) black & white 5 x 7 glossy photographs in a vertical pose, for inclusion in the souvenir program book. Pictures must be labeled with the full name of the skater, name of home club, and the event and level entered on the back of each photograph. A digital photo may replace one of the requested photographs (.JPG format preferred), send via e-mail to estevenshawaii@gmail.com. You may pre-order a program book and submit advertising on the Program Advertisement form.

10. COMPETITORS DINNER

The annual Skate Aloha Competition Dinner is scheduled for Wednesday, March 10, 2010. The dinner is a place where all competitors can meet each other and spread a little aloha. There will be a registration table for you to receive your goodie bag, pick up any pre-ordered items, purchase programs, meet your pen pal. Please sign up using the reservation form included with this announcement. Cost \$10.00 per person ages 6 and up. Children 5 years of age and under, free.

11. PARKING

The parking lot at the Ice Palace is limited particularly on weekdays. There are many vendors in the mall and all are very busy. Please consider the extra time needed to find parking when planning your arrival for the competition.

12. TRAVEL ARRANGEMENTS

We do not have an official hotel or car packages. You can do better financially by booking an air/hotel/car package through a travel agent. Most of the hotels are in Waikiki. The distance is about 25 min from Waikiki however the traffic can take as long as 1 hour travel time from Waikiki.

The following web sites may help assist you with hotel, airfare, and additional on and off island activities:

www.Waikiki.com / www.visit.hawaii.org (the Hawaii Visitors Bureau) / www.gohawaii.com

Panda Travel – (888)726-3288 or (808)732-6691 www.pandaonline.com

Also, see above listed web sites. If you don't need a travel package and only need hotel reservations, listed below are central reservation numbers for two hotel chains that have many different hotels in all price ranges in Waikiki. They are NOT "official" hotels with special competition rates.

Resort Quest Hotels - (800) 922-7866 Has 13 hotels in Waikiki

Ohana Hotels - (800) 688-7444 Has 19 hotels in Waikiki

If you do not wish to stay in Waikiki, but would like to be closer to the rink, the apartment hotel listed below is near Pearl Harbor and Pearlridge Shopping Center. The hotel takes Visa and MasterCard. It is approximately 10 minutes driving time from the skating rink and approximately 3 blocks from the shopping center.

Harbor Arms - (800) 360-5556 (ask for Pat) FAX: (808) 488-8385 - <http://www.harborarms.com>

13. COSTUME RESTRICTIONS

For safety reasons, feather boas or feather trim on any skating costume is strictly prohibited. The Referee has authority to disqualify any skater which violates this rule.

14. EVENT LEVELS

General Rule: U. S. Figure Skating / Skate Canada equivalents came directly from the Skate Canada Skating Programs Coordinator and the Skating Programs Director with the most recent Skate Canada rule changes incorporated. Canadian skaters, please read these carefully so that you are competing at the correct level.

Event Level		Test and Age Requirements
Menehune (meh-neh-hoo-nay) Little people from Hawaiian folklore.		The events below are open to skaters who have not passed the U.S. Figure Skating Pre-Preliminary Free Skating test and no higher than the ISI Alpha test. (Have passed no higher than the Skate Canada CanSkate Stage 5 Badge.)
Keiki (kay-key) The Hawaiian word for child.		The events below are open to skaters who have passed the ISI Beta test, but no higher than the ISI Delta test and have not passed the U. S. Figure Skating Pre-Preliminary Free Skating test. (Must have passed no higher than the Skate Canada CanSkate Stage 6 Badge.)
Anuenue (ah-noo-ay-noo-ay) The Hawaiian word for rainbow.		The events below are open to skaters who have passed the ISI Delta test but no higher than the ISI Freestyle 3 test and have not passed the U. S. Figure Skating Pre-Preliminary Free Skating test.(Must have passed no higher than the Skate Canada Can Skate Stage 7 Pre- Preliminary Badge.)
Pre-Preliminary	The events are open to skaters who have passed ISI Freestyle 3 but not Freestyle 5 tests and who have not passed the U. S. Figure Skating Preliminary Free Skating test. (Must not have passed any Skate Canada Free Skating tests.)	
Preliminary	The events are open to skaters who have passed the U. S. Figure Skating Pre-Preliminary Free Skating test but not the Pre-Juvenile Free Skating test. (Must have passed the Skate Canada Preliminary Free Skating test but no higher.)	
Pre-Juvenile	The events are open to skaters who have passed the U. S. Figure Skating Preliminary Free Skating test but not the Juvenile Free Skating test. (Must have passed the Skate Canada Preliminary Free Skating test but no higher than the Junior Bronze Free Skating test.)	
Juvenile	The events are open to skaters 12 years and under who have passed the U. S. Figure Skating Pre- Juvenile Free Skating test but not the Intermediate Free Skating test. (Must have passed the Skate Canada Junior Bronze Free Skating test but no higher than the Senior Bronze Free Skating test or the Juvenile Competitive Singles test.)	
Open Juvenile	The events are open to skaters 13 years of age or higher and meet the same requirements as Juvenile	
Intermediate	The events are open to skaters who have passed the U. S. Figure Skating Juvenile Free Skating test but not the Novice Free Skating test. (Must have passed the Skate Canada Senior Bronze Free Skating test or the Juvenile Competitive Singles test but no higher than the Junior Silver Free Skating test or the Pre-Novice Competitive Singles test.) Skater must be under the age of 18.	
Novice	The events are open to skaters who have passed the U. S. Figure Skating Intermediate Free Skating test but not the Junior Free Skating test. (Must have passed the Skate Canada Junior Silver Free Skating test or the Pre-Novice Competitive Singles test but no higher than the Senior Silver Free Skating test or the Novice Competitive Singles test.)	
Junior	The events are open to skaters who have passed the U. S. Figure Skating Novice Free Skating test but not the Senior Free Skating test. (Must have passed the Skate Canada Senior Silver Free Skating test or the Novice Competitive Singles test but no higher than the Gold Free Skating test or the Junior Competitive Singles test.)	
Senior	The events are open to skaters who have passed the U. S. Figure Skating Junior Free Skating test. (Must have passed the Skate Canada Gold Free Skating test or the Junior Competitive Singles test.	
Adult Pre-Bronze	The events are open to skaters 21 years of age or older who have passed no higher than the U. S. Figure Skating Adult Pre-Bronze Free Skating test, the standard U. S. Figure Skating Pre-Preliminary free skating test, or the ISI Freestyle 3 test. (Must not have passed any Skate Canada Free Skating tests.)	
Young Adult Pre-Bronze	The events are open to skaters 18 - 20 years of age and meet the same requirements as Adult Pre-Bronze.	
Adult Bronze	The events are open to skaters 21 years of age or older who have passed the U. S. Figure Skating Adult Pre-Bronze Free Skating test and no higher than the U. S. Figure Skating Adult Bronze Free Skating test, the standard U. S. Figure Skating Preliminary Free Skating test, or the ISI Freestyle 4 test. (Must have passed the Skate Canada Preliminary Free Skating test but no higher.)	
Young Adult Bronze	The events are open to skaters 18 - 20 years of age and meet the same requirements as Adult Bronze.	
Adult Silver	The events are open to skaters 21 years of age or older who have passed the U. S. Figure Skating Adult Bronze Free Skating test and no higher than the Adult Silver Free Skating test, the standard U. S. Figure Skating Juvenile Free Skating test, or the ISI Freestyle 5 test. (Must have passed the Skate Canada Junior Bronze Free Skating test, but not the Senior Bronze Free Skating test.)	

Young Adult Silver	The events are open to skaters 18 - 20 years of age and meet the same requirements as Adult Silver.
Adult Gold	The events are open to skaters 21 years of age or older who have passed the U. S. Figure Skating Adult Silver Free Skating test and no higher than the standard U. S. Figure Skating Juvenile Free Skating test, the ISI Freestyle 6 test, or, prior to October 1, 1977, the Second Figure. (Must have passed the Skate Canada Junior Bronze Free Skating test, but no higher than the Senior Bronze Free Skating test.)
Young Adult Gold	The events are open to skaters 18 - 20 years of age and meet the same requirements as Adult Gold.

COMPULSORY MOVES EVENTS

Elements are skated in a program format, without music, incorporating all required moved in any order with connecting steps such as stroking, crossovers, lunges, spirals, etc. Connecting steps are allowed between the required elements. Compulsory moves may be less than, but must not exceed the maximum time allotted. A .2 deduction will be taken for each element omitted, repeated or added. This event will be judged on the overall performance. One technical mark will be given. Program is to be skated with out music and shall consist of the following elements listed in table below. Not all compulsory moves utilize the full surface of the ice, please review table below. No additional jump or spin element will be allowed.

Event	Ice Use	Description / Elements (MIN – Minimum, MAX – Maximum, REV – Revolutions)	Duration (min:sec)
Menehune	½	Forward & Backward swizzles (double sculling – Skate Canada); 1 foot glide (right & left foot) Forward crossovers in both directions; 1 or 2 foot stop; Bunny hops (3 MAX).	01:15 MAX
Keiki	½	Right forward outside three turns (MIN – 2); 2 foot spin (MIN 4 REV); Left forward inside 3 turns (MIN – 2); Half Flip; T-Stop	01:15 MAX
Anuenue	½	Forward outside spiral (right & left foot); Waltz jump; Toe loop or toe walley; 1 foot forward upright spin (3 REV, with free leg knee level); Forward outside edges (MIN 3 each foot)	01:15 MAX
Pre-Preliminary	½	Back inside edges (3 each foot); Toe loop or toe walley; Salchow; Forward inside spiral (right & left foot); 1 foot forward upright spin with optional free foot position (MIN 4 REV)	01:30 MAX
Preliminary	½	Jump combination - waltz jump/toe loop (no change of foot & no turn in between); Flip jump; Sit spin (MIN 4 REV); Forward spiral sequence - right & left foot (MIN of 3 spirals); 1 foot upright back spin (MIN 4 REV); Back outside three turns right & left foot (MIN 2 each)	01:30 MAX
Pre-Juvenile	½	Jump combination - flip, loop (no change of foot, no turn in between); Jump combination - up to 3 of the permitted jump elements may be jump combinations; or jump sequences. 1 jump combination may contain 3 jumps; the remaining jump combinations are limited to 2 jumps. The number of jumps in the jump sequence is free; Lutz; Combination spin: camel to sit spin (no change of foot & 1 change of position) - MIN of 6 REV in positions; Forward spiral sequence - right & left foot (MIN of 2 spirals); Camel spin (MIN 4 REV in position)	01:30 MAX
Juvenile/ Open Juvenile	F U L L	Spin combo with change of foot. Change of position optional (Must include camel, sit, or attitude positions MIN 5 REV each foot); Axel; Straight line step sequence; Jump combination - Up to 3 of the permitted jump elements may be jump combinations or jump sequences. 1 jump combination may contain 3 jumps; the remaining jump combinations are limited to 2 jumps. The number of jumps in the jump sequence is free; Ladies: Layback (MIN 5 REV in position); Men: forward camel (MIN 5 REV in position)	01:30 MAX
Young Adult / Adult Pre- Bronze	½	1 foot forward upright spin with optional free foot position (MIN 5 REV); Half flip; Forward outside spirals (right & left foot); Waltz jump	01:00 MAX
Young Adult/ Adult Bronze	½	Forward inside spiral (right & left foot); Salchow; Sit spin (MIN 5 REV); Jump combination - waltz jump, toe loop (no change of foot, no turn in between.)	01:40 MAX
Young Adult/	½	Toe loop; Flip; Jump combination of two single jumps (no change of foot, no turn in	01:40

Adult Silver		between); Combination spin - scratch to sit with no change of foot & one change of position (MIN 5 REV)	MAX
Young Adult/ Adult Gold	F U L L	Axel; Jump combination - consisting of a single & a double jump (no change of foot, no turn in between);Lutz; Combination spin - with one change of foot & one change of position (MIN 5 REV, each foot)	01:40 MAX

SPIN EVENTS

Spins are skated in a program format, without music. The required spins may be skated in any order with minimal connecting steps that will not be judged. Excessive additional elements will be penalized. This event will be judged on the overall performance of the spins. (The more revolutions you have, in position, per spin, the better.) One technical mark will be given. All spins utilize the half of the surface of the ice.

Event	Ice Use	Description / Elements
Pre-Preliminary	1/2	One foot forward upright spin (optional free foot) One foot upright back spin Sit spin
Preliminary	1/2	One foot forward scratch spin Forward sit spin Forward Camel spin
Pre-Juvenile	1/2	One combination spin consisting of a forward camel & forward sit spin with no change of foot Forward scratch to back scratch spin Forward camel spin
Juvenile/ Open Juvenile	1/2	Forward sit spin Combination spin with one change of foot Change of position optional. Ladies: attitude or layback spin Men: forward camel spin
Intermediate	1/2	Sit change sit spin Flying camel spin Combination spin with 1 change of foot and 1 change of position
Novice	1/2	Layback or cross foot spin Camel change camel spin Combination spin with 1 change of foot and 1 change of position
Junior	1/2	Flying sit or flying change sit spin Layback or cross foot spin Combination spin with one change of foot and three changes of position
Senior	1/2	Flying spin of skater's choice Combination spin with two changes of foot and two changes of position Solo spin of skater's choice
Young/Adult Pre-Bronze	1/2	One foot forward upright spin (optional free foot) Two foot upright spin
Young/Adult Bronze	1/2	One foot upright spin One foot back spin Sit spin
Young/Adult Silver	1/2	Camel spin Attitude or sit spin Combination spin with no change of foot and one change of position
Young/Adult Gold	1/2	Layback spin Back scratch spin Combination spin with only one change of foot and at least one change of position

ARTISTIC FREE SKATING EVENTS

This event is to be artistic, interpretive, creative, and well balanced. Use your imagination. Skaters will provide their own music. There is no restriction on music. Vocal music is acceptable. The selection must be within time limitations as specified. A .2 deduction will be assessed if a skater exceeds the allotted time.

This is not a costume event. Skating attire is to be in accordance with U. S. Figure Skating rules. No scenery is allowed. Props may not be used, unless they are carried throughout the entire performance! Speed, deep knee bends, good edges, centered spins, and graceful movements are all important.

Judging: The program should be an integrated exploration of the music. It should not be merely a collection of pleasing or spectacular moves with the emphasis being on skating skills. Credit for jumps will be based solely on their choreographic effectiveness. There will be no credit for the difficulty of a jump. Judges will deduct .2 from their base mark for each illegal move performed. One mark will be given. U. S. Figure Skating officials will judge this event. Males and females may compete against each other.

Event	Description / Elements (MIN – Minimum, MAX – Maximum, REV – Revolutions)	Duration (min:sec)
Anuenue	All half jumps plus Salchow, toe loop/toe walley. Only forward scratch and back scratch spins. No jump/flying spins allowed	01:40 MAX
Pre-Preliminary	Jumps are to be single or less .No axel, double jumps or jump/flying spins allowed.	01:40 MAX
Preliminary	All single jumps including Axel. No jump/flying spins allowed.	01:40 MAX
Pre-Juvenile	All single jumps including Axel.	01:40 MAX
Juvenile/ Open Juvenile	All single jumps including Axel	02:10 MAX
Intermediate	All single jumps including Axel and one double jump, either alone or in combination.	02:10 MAX
Novice	All single jumps including Axel, and no more than two different double jumps, either alone or in combination.	02:10 MAX
Junior	All single and double jumps.	02:40 MAX
Senior	All single and double jumps	02:40 MAX
Young Adult /Adult Pre-Bronze	Jumps are to be single or less (NO AXEL). No Lutz, axel or flying spins are allowed.	01:40 MAX
Young Adult /Adult Bronze	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3820.	01:40 MAX
Young Adult /Adult Silver	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3820.	01:40 MAX
Young Adult /Adult Gold	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3810.	01:40 MAX

SHOWCASE EVENTS

Category is general entertainment. Entries in this category can be comedic, theatrical, or light-hearted in nature. This is a costume event. Skaters will provide their own music. There is no restriction on music. Vocal music is acceptable. The selection must be within the time limitations as specified in this announcement for each level. A .2 deduction will be assessed if a skater exceeds the allotted time. Males and females may compete against each other.

Judging: There will be no credit for the difficulty of a jump. Judges will deduct .2 from their base mark for each illegal move performed. One mark will be given. U. S. Figure Skating officials will judge this event.

Costumes: Costumes should be age appropriate, reflect the character of the music, and must be acceptable for viewing by a family audience. The referee's decision will be the final authority on the suitability of a costume. The choice of a costume that provides inappropriate or the suggestion of inappropriate coverage of the skater's body will result in a .2 deduction from the base mark.

Props: Only props that are part of the theme of the music will be allowed. They are to be an integral part of the program - not scenery. Props, if used, are limited to those the skater can hand-carry or push onto the ice in one trip of 30 seconds. Prop size should be compatible with the skater's size and weight. The skater may not be assisted in getting the props onto the ice.

Event	Description / Elements (MIN – Minimum, MAX – Maximum, REV – Revolutions)	Duration (min:sec)
Menehune	Forward & Backward swizzles (double sculling – Skate Canada); 1 foot glide (Right & left foot); Forward crossovers in both directions; 1 or 2 foot stop; Bunny hops (3 MAX).	01:10 MAX
Keiki	All half jumps, two foot spin, one foot upright spin with free leg at knee level. No jump/flying spins allowed.	01:10 MAX
Anuenue	All half jumps plus Salchow, toe loop/toe walley. Only forward scratch and back scratch spins. No jump/flying spins allowed.	01:40 MAX
Pre-Preliminary	Jumps are to be single or less (NO AXEL). No double jumps or jump/flying spins.	01:40 MAX
Preliminary	All single jumps including Axel. No jump/flying spins allowed.	01:40 MAX
Pre-Juvenile	All single jumps including Axel.	01:40 MAX
Juvenile/Open Juvenile	All single jumps including Axel.	02:10 MAX
Intermediate	All single jumps including Axel and one double jump, either alone or in combination.	02:10 MAX
Novice	All single jumps including Axel, and no more than 2 different double jumps, either alone or in combination.	02:10 MAX
Junior	All single and double jumps.	02:40 MAX
Senior	All single and double jumps.	02:40 MAX
Young Adult /Adult Pre-Bronze	Jumps are to be single or less (NO AXEL). No Lutz, axel or flying spins are allowed.	01:40 MAX
Young Adult /Adult Bronze	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3820.	01:40 MAX
Young Adult /Adult Silver	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3820.	01:40 MAX
Young Adult /Adult Gold	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3810.	01:40 MAX

INTERPRETIVE EVENTS

Interpretive events music is heard 20 minutes prior to warm up and performance. Skaters must report to the skate monitor 20 minutes prior to the start of the warm-up. Skaters should report ready for competition. Skaters will not be permitted coach contact. Skaters will hear the music twice in room and once during warm up. After warm up skaters will return to the room till each skater performs. Skaters are not allowed to watch the other competitors until they have completed their turn. The Interpretive event does not allow theatrical costumes or make up. Skaters may not use any props. Males and females may compete against each other.

Judging: The program should be an integrated exploration of the music. It should not be merely a collection of pleasing or spectacular moves with the emphasis being on skating skills. Credit for jumps will be based solely in their choreographic effectiveness. There will be no credit for the difficulty of a jump. Judges will deduct .2 from their base mark for each illegal move performed. One mark will be given. U. S. Figure Skating officials will judge this event.

Event	Description / Elements (MIN – Minimum, MAX – Maximum, REV – Revolutions)	Duration (min:sec)
Menhune	Forward & Backward swizzles (double sculling – Skate Canada); 1 foot glide; (Right & left foot); Forward crossovers in both directions; 1 or 2 foot stop; Bunny hops (3 MAX).	01:10 MAX
Keiki	All half jumps, two foot spin, one foot upright spin with free leg at knee level. No jump/flying spins allowed.	01:10 MAX
Anuenue	All half jumps plus salchow, toe loop/toe walley. Only forward scratch and back scratch spins. No jump/flying spins allowed.	01:40 MAX
Pre-Preliminary	Jumps are to be single or less (NO AXEL). No double jumps or jump/flying spins.	01:40 MAX
Preliminary	All single jumps including Axel. No jump/flying spins allowed.	01:40 MAX
Pre-Juvenile	All single jumps including Axel.	01:40 MAX
Juvenile/Open Juvenile	All single jumps including Axel.	02:10 MAX
Intermediate	All single jumps including Axel and one double jump, either alone or in combination.	02:10 MAX
Novice	All single jumps including Axel, and no more than 2 different double jumps, either alone or in combination.	02:10 MAX
Junior	All single and double jumps.	02:40 MAX
Senior	All single and double jumps.	02:40 MAX
Young Adult /Adult Pre-Bronze	Jumps are to be single or less (NO AXEL). No Lutz, axel or flying spins are allowed.	01:40 MAX
Young Adult /Adult Bronze	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3820.	01:40 MAX
Young Adult /Adult Silver	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3820.	01:40 MAX
Young Adult /Adult Gold	Jumps are to be single or less (NO AXEL). Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3810.	01:40 MAX

FREE SKATING EVENTS

For free skating events, a .2 deduction will be assessed for each move performed that is prohibited in the allowable content. Short and long programs are separate events. Times shown may be plus or minus 10 seconds unless indicated as MAX.

Event		Description / Elements (MIN – Minimum, MAX – Maximum, REV – Revolutions)	Duration (min:sec)
Keiki		All half jumps, 2 foot spin, 1 foot upright spin with free leg at knee level. No jump/flying spins allowed.	01:00
Anuenue		All half jumps plus Salchow, toe loop/toe walley. Only forward scratch & back scratch spins. No jump/flying spins allowed.	01:30
Pre-Preliminary	Non Restricted	All single jumps including Axel. No double jumps or jump/flying spins. Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3710 and 3711.	01:30
	Restricted	Jumps are to be single or less, no axel; no double jumps or jump/flying spins.	01:30
Preliminary		All single jumps including Axel. No more than 2 different double jumps are allowed. No triple jumps are allowed. No restrictions. Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3700 and 3701.	01:30
Pre-Juvenile		All single jumps including Axel. No more than 3 different double jumps are allowed. No double axel or triple jumps are allowed. Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3690 and 3691.	02:00
Juvenile/ Open Juvenile		Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3680 and 3681. No triple jumps allowed.	02:15
Intermediate	Short	Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3615, 3616, 3670 and 3671.	02:00 (MAX)
	Long	Refer to The 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3670 and 3672.	02:30
Novice	Short	Refer to The 2008/2009 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3615, 3616, 3660, 3661 and 3662.	02:30 (MAX)
	Long	Refer to The 2008/2009 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rules 3660 and 3663.	Ladies
Men			03:30
Junior	Short	Refer to The 2008/2009 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3615, 3616, 3650, 3651 and 3652.	02:50 (MAX)
	Long	Allowable content: Refer to The 2008/2009 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rules 3650 and 3653.	Ladies
Men			04:00
Senior	Short	Refer to The 2008/2009 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3615, 3616, 3640, 3641 and 3642.	02:50 (MAX)
	Long	Allowable content: Refer to The 2008/2009 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rules 3640 and 3643.	Ladies
Men			04:30

Young Adult /Adult Pre-Bronze	Refer to the 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3805 & 3806.	01:40 (MAX)
Young Adult /Adult Bronze	Refer to the 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3800 and 3801.	01:40 (MAX)
Young Adult /Adult Silver	Refer to the 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3790 and 3791.	01:40 (MAX)
Young Adult /Adult Gold	Refer to the 2009/2010 Official U. S. Figure Skating Rulebook for requirements reference to rulebook rule 3780 and 3781.	01:40 (MAX)

15. ANNOUNCEMENT CHECKLIST

COMPLETED	FORM TYPE	DELIVERED TO
	FORM A and D	Erin Stevens; 44-176 Nanamoana Street, Kaneohe, HI 96744
	FORM B	Lisa Kayser, 92-1248 Umena Street, Kapolei, HI 96707
	FORM C	Desi Duarte, 98-785 Kaonohi St. Apt. C, Aiea, HI. 96701-2436

END OF ANNOUNCEMENT

